

Kendriya Vidyalaya Jodhpur Doda

Multidisciplinary project (TOPIC- FOOD AND NUTRITION (WE ARE WHAT WE EAT))

Class VI

ENGLISH

- 1) Write a dialogue between a nutritionist and a school going child on the harmful effects of junk food.
- 2) Make poster on the topic "healthy food and a balanced diet".

हिंदी

- 1) पौष्टिक भोजन क्या होता है? इस विषय पर दादा पोते के बीच संवाद लिखें |
- 2) रक्त की कमी के कारण और समाधान विषय पर एक लेख लिखें |

MATH

- 1) Take one chips packet, one biscuit packet, one pack of frooti and one pack of mozzarella cheese.

Read the nutrition information given at the back and represent the same through pie charts.

- 2) Prepare a diet chart for 2200 calories.

SST

- 1) Project report on healthy food and a balance diet with special reference to adolescents.
- 2) Comparative analysis of advantages of healthy population in the economy of a country.

SCIENCE

- 1) Components of food: Write an article.
- 2) Adulteration of food: Design a poster.

संस्कृत

- 1) विंशति: खाद्य वस्तुनाम संस्कृते नाम लेखनम् |
- 2) आहार खाद्य विषयक श्लोकानां संग्रह तेषां भावार्थं लेखनं च |